

## Sieger der Regionsmeisterschaft im 10km Straßenlauf

Region Osnabrück-Emsland-Grafschaft Bentheim

## Ergebnisse Männer

				m:s	m:s	m:s	m:s	m:s	m:s	h:m:s	h:m:s
Altersklasse: <b>M20</b>											
Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1171	Stockhorst, Jan	FC Schüttorf	06:42	06:53	06:48	06:50	06:47	06:38	0:40:33	0:40:36
2	1094	Schütten, Tim	SV Grenzland Laarwald	06:29	06:43	07:09	07:07	07:03	06:54	0:41:04	0:41:22
3	976	Oeverink, Fabian	SC Union Emlichheim	06:31	06:40	07:00	07:24	07:36	07:36	0:42:39	0:42:44

Altersklasse: **M30**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1010	Lembcke, Nicholas	LC Nordhorn	05:55	05:54	05:55	06:00	06:06	05:47	0:35:34	0:35:36
2	992	Ensink, Daniel	LC Nordhorn	05:58	06:07	06:20	06:29	06:34	06:32	0:37:56	0:37:58
3	1127	Collet, Sebastian	LC Nordhorn	07:48	07:56	08:00	07:54	07:51	07:22	0:46:37	0:46:49

Altersklasse: **M35**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1135	Hartger, Gerold	LC Nordhorn	05:11	05:13	05:15	05:14	05:19	05:09	0:31:18	0:31:19
2	959	Böttick, Carsten	LC Nordhorn	05:57	06:06	06:13	06:19	06:16	06:08	0:36:53	0:36:55
3	1174	De Nie, Sandy	LC Nordhorn	07:02	06:49	06:53	06:55	07:07	07:11	0:41:43	0:41:55

Altersklasse: **M40**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1036	Bouwer, Guido	LC Nordhorn	06:01	06:17	06:34	06:45	06:50	06:34	0:38:54	0:38:58
2	905	Brink, Heino	SV Cosmos Getelo	06:25	06:38	06:44	06:50	06:54	06:48	0:40:13	0:40:17
3	1070	Jansen, Alwin	SV Olympia Uelsen								

Altersklasse: **M45**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	996	Eckstein, Klaus	LC Nordhorn	05:31	05:36	05:36	05:36	05:42	05:36	0:33:34	0:33:35
2	1163	Holboer, Jan	LC Nordhorn	05:46	05:52	05:59	06:05	06:09	06:06	0:35:52	0:35:54
3	993	Beckemper, Ingo	LC Nordhorn	05:59	06:05	06:20	06:26	06:29	06:25	0:37:39	0:37:42

**Altersklasse: M50**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1146	Ranters, Hermann	SV Grenzland Laarwald	07:14	07:05	07:07	07:11	07:05	07:14	0:42:40	0:42:53
2	1005	Beckhuis, Günter	SV Olympia Uelsen	07:11	07:23	07:31	07:33	07:43	07:40	0:44:52	0:45:00
3	1047	Grote-Wiegerink, Gerold	SV Olympia Uelsen	07:17	07:29	07:41	07:47	07:47	07:36	0:45:27	0:45:34

**Altersklasse: M55**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1016	Kalus, Karl-Heinz	SC Union Emlichheim	06:38	06:56	07:05	07:19	07:30	07:24	0:42:45	0:42:51
2	1062	Hunfeld, Norbert	LC Nordhorn	06:43	06:58	07:16	07:29	07:33	07:20	0:43:13	0:43:16
3	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: M60**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1046	Haskamp, Clemens	VfL Kloster Oesede	06:42	06:52	07:00	07:01	07:02	07:01	0:41:33	0:41:37
2	1038	Börger, Walter	VfL Kloster Oesede	07:34	07:41	07:42	07:46	07:48	07:42	0:46:04	0:46:10
3	1039	Weber, Herbert	VfL Kloster Oesede	07:36	07:50	07:53	07:55	07:57	07:51	0:46:53	0:46:59

**Altersklasse: M65**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1033	Stroeve, Heinz	SC Union Emlichheim	06:54	07:02	07:10	07:16	07:18	07:10	0:42:45	0:42:47
2	-	-	-	-	-	-	-	-	-	-	-
3	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: M70**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
-	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: M75**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
-	-	-	-	-	-	-	-	-	-	-	-

**Ergebnisse Frauen**

			m:s	m:s	m:s	m:s	m:s	m:s		h:m:s	h:m:s
<b>Altersklasse: W20</b>											
Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1071	Schnieders, Kirsten	LC Nordhorn	06:34	07:06	07:19	07:27	07:29	07:06	0:42:55	0:42:59
2	971	Steffen, Linda	SC Union Emlichheim	09:16	09:03	09:01	09:03	09:08	08:23	0:53:36	0:53:51
3	1066	Legtenborg, Anne	SV Olympia Uelsen	09:39	09:13	09:31	09:35	09:25	09:03	0:56:04	0:56:29

**Altersklasse: W30**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1027	Wesselink, Wiebke	SV Grenzland Laarwald	09:20	09:36	09:38	09:34	09:35	08:47	0:56:09	0:56:27
2	-	-	-	-	-	-	-	-	-	-	-
3	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: W35**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	995	Evers, Kerstin	LG Papenburg / Aschendorf	06:21	06:35	06:39	06:46	06:45	06:50	0:39:50	0:39:53
2	978	Heinig, Mareike	VFL Lingen	08:26	08:21	08:06	07:57	07:51	07:20	0:47:52	0:47:59
3	1055	Morhaus, Elke	SC Spelle-Venhaus	08:28	08:14	08:11	08:10	08:12	07:59	0:48:55	0:48:11

**Altersklasse: W40**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1019	Dokters, Frauke	SV Olympia Uelsen	08:07	08:13	08:19	08:29	08:35	08:35	0:49:56	0:50:15
2	1014	Kerperien, Ebbi	SV Union Meppen	08:35	08:23	08:29	08:37	08:46	08:43	0:51:13	0:51:30
3	1050	Heck, Anja	SV Veldhausen	09:38	09:17	09:20	09:21	09:25	09:22	0:55:58	0:56:20

**Altersklasse: W45**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	1028	Vedder, Elke	SV Germania Twist	06:22	06:35	06:39	06:45	06:43	06:39	0:39:38	0:39:41
2	994	Jacobs, Heike	SV Olympia Uelsen	07:11	07:23	07:31	07:32	07:35	07:17	0:44:19	0:44:27
3	1056	Flosdorf, Betty	SC Spelle-Venhaus	08:16	08:31	08:41	08:49	08:58	08:46	0:51:43	0:51:59

**Altersklasse: W50**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
1	939	Pohlmann, Petra	SC Union Emlichheim	09:16	09:14	09:27	09:24	09:28	09:04	0:55:36	0:55:51
2	-	-	-	-	-	-	-	-	-	-	-
3	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: W55**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
-	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: W60**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
-	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: W65**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
-	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: W70**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
-	-	-	-	-	-	-	-	-	-	-	-

**Altersklasse: W75**

Pl.	St-Nr.	Name	Team	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Netto	Brutto
-	-	-	-	-	-	-	-	-	-	-	-